

# TRAVEL4GOOD

**SCHOOL FOR LIFE**

**2024 GRADUATION TRIP TO UGANDA**

A MEANINGFUL, EDUCATIONAL EXPERIENCE LIKE NO OTHER,  
RAISING FUNDS FOR CHILDREN'S EDUCATION IN UGANDA



**SCHOOL FOR LIFE**  
foundation • australia

# TRAVEL4GOOD

**It's no secret that many of life's most important lessons take place outside of the classroom.**

**Join us for a powerful once in a lifetime trip that will leave you with an overwhelming sense of gratitude, purpose and contribution to humanity.**

## IMMERSIVE TRIP TO UGANDA

This is an exciting, unique chance for you to experience the joys of connecting and giving for good as you work to fundraise for education opportunities for more children.

You will then experience first hand the positive impact your efforts have on a child's life and their community.

This is a safe, sustainable way for you to discover the world around you and to learn more about your own strengths and capabilities, as you play a positive part in a developing community

**An experience that promises to generate a sense of personal growth and an understanding of your interactions with others through the contributions you wish to make to the world.**



FAST FACTS:  
**DATES: September 16th - 21st**

DURATION

**6**  
DAYS

4 days at School for Life schools in rural Uganda  
5 nights in Uganda's Gateway City, Entebbe

### OPTIONAL EXTENSIONS:

Murchison Falls Safari  
Gorilla Experience  
Chimpanzee Experience

**\$2,500**  
PER PERSON  
FUNDRAISING  
TARGET

**\$1,650\***  
PER TWIN  
SHARE  
TRAVEL QUOTE

\*AUD\$650 additional supplement for a single room

### FLIGHTS

Approx \$2500 - \$3000 per person  
(one and multiple stop airfares).

### ACCOMMODATION

5 nights twin-share accommodation  
at Best Western Hotel Entebbe

**8**

MIN AGE

**30**

MAX GROUP  
SIZE

\*Subject to change refer to HUMA Charity Challenge [terms and conditions.](#)



# WE ARE SCHOOL FOR LIFE

## Educating to end poverty and transform lives

We partner with, and empower, emerging communities around the globe to educate as many children as possible and achieve lasting self-determination, through sustainable and scalable capacity and infrastructure development.

We have been operating for 15 years. Our pilot model in rural Uganda has empowered local leaders with the skills, capacity and resources they need to support the delivery of holistic, quality education to more than 2,000 vulnerable children across early childhood, primary and high school.

Every single child who has the chance to go to school will have the chance to change the course of their lives and the future of their communities. A community with education at its heart can become a force for social change and economic progression in a nation.

With a purpose-built school, qualified teachers and healthy, nurtured children we know that anything is possible. Education is a never-ending gift that can be passed on from generation to generation, and can never be taken away.

### WHAT WE'VE ACHIEVED SO FAR



**BUILT**  
Three schools  
(Two Primary & one Secondary)



**EDUCATING**  
2 500 students



**TRAINED**  
20 tailors under our  
KUMI vocational  
program



**BUILT**  
Three medical clinics with  
full time nurses to  
service our communities



**PROVIDED**  
clean drinking  
water to two  
communities



**INTEGRATED**  
skills training and IT  
classes across all  
three campuses.



**PROVIDED**  
all staff and students  
with three nutritious  
meals a day



**EMPLOYED**  
131 adults across  
construction,  
cooking, teaching



**INSTALLED**  
solar panels to  
provide electricity to  
the community



# WHY EDUCATION?

Education changes everything. It creates opportunities, encourages empowerment, and fosters economic growth. Yet:

- 244 million children are out of school worldwide.
- In Sub-Saharan Africa, 90% of the children who are in school are not learning effectively due to a lack of learning resources and safe learning environments, nutritious meals and healthcare, low capacity of teachers and other barriers such as distance and costs. It's an overwhelming problem.
- COVID-19 has exacerbated the learning crisis with more children falling out of the education system due to extended lockdowns and a need to support their families financially.



# WHY UGANDA?

Pause for a minute and consider what Australia would look like if only THREE in TEN children finished primary school. This is, unfortunately, the reality in Uganda.

- Uganda has the world's youngest population with over 78% of their population below the age of 30 and over 44% of their population under the age of 14. That means, there are over 25 million children in Uganda.
- Uganda has one of the lowest primary 'survival rates' in East Africa, with just 33% of all enrolled children finishing primary school. This compares with neighbouring countries who maintain survival rates of approximately 80%.
- In government-run schools, there is often one teacher for every 100 students, although the average classroom has one teacher to 54 students. These schools are often basic mud huts with no amenities or educational materials.
- 2.4 million children in Uganda are stunted as a result of severe undernourishment. Undernourishment leads to impaired cognitive function, hindering a child's ability to successfully participate in school. Children suffering from malnutrition are more likely to repeat grades or leave school altogether.



**NOW, MORE THAN EVER, IT IS CRUCIALLY IMPORTANT TO SUPPORT EDUCATION EFFORTS FOR CHILDREN.**

**WE ARE CHANGING THESE STATISTICS**

# MEET SOME OF OUR COMMUNITY

## MEET HANNAH

Hannah is a bright 10-year-old making waves with her dreams and determination. She recently joined School for Life in January 2023 and is in Primary 5 at Katuuso Primary School. Hannah's school life is filled with her love of reading books and playing volleyball. Hannah stays in the village of Walukunyu near Katuuso, she is the oldest of four siblings, living with her parents, three brothers and two cousins. Her father holds a significant role as the village chairperson. Hannah was introduced to soap making skills through Sawa World, one of our skilling partners. This ignited her passion for soap making. She has since brought the skill home convincing her parents to invest in her business. Today, Hannah produces liquid and bar soap for sale, managing her business, saving profits, and reinvesting earnings to sustain production. After school Hannah dreams of becoming a doctor.



## MEET ROSE

Rose, one of our brightest students who has recently started High School, has felt first hand the impact of the support from people like you.

Rose comes from an extremely poor background marred by tragedy after her mother abandoned her and her three siblings when her father died in 2016 and they were sent to live with her elderly grandmother when Rose was just 9 years old. In 2020 Rose's elderly grandmother passed away.

Despite these challenges and even with the disruption of a worldwide pandemic, Rose came in at the top of her class in the 2020 Primary School Leaving Exams meaning she would be able to go on to High School and join the girls boarding house.



## MEET JANEPHER

Janepher is our Head of programs and has been involved with School for Life since the day the land for our first school was purchased in 2009 to build Katuuso Primary and Vocational School. Janepher grew up in the community of Wakiso, when at the age of 16 she suffered the double tragedy of losing both her parents. With her siblings, she moved to Kampala to live with her grandmother. Schooling in Kampala was particularly difficult for Janepher. She was forced to attend a public school where she wouldn't eat all day, was often beaten and worked in her classroom with no doors or windows. Determined to change her schooling, Janepher began working after school and at weekends to pay for herself and a sister to attend a private high school. Later she managed to pay her college fees at the Montessori Teacher Training Centre, where after 2 years, she started work as a teacher. Janepher knows the value of a good education and has managed to pay for all her siblings to attend private schools.



## MEET TEDDY

Teddy is a participant in the KUMI Tailoring Program and four of her five children attend Katuuso Primary School. She and her husband farm two acres of land, which supplies fluctuating revenue. Participation in the KUMI Tailoring Project has secured income to reliably pay for school fees, nutritious meals and renovations to the family home. Teddy has gained a great deal of self-esteem from her ability to support her family and she takes pride in independently financing the education of all five children. Teddy has also been working on her numeracy and administration skills. She was appointed Treasurer of the tailoring group and will be responsible for keeping records of their savings.



## WHAT YOUR TRIP INCLUDES

- 4 days onsite visiting our school campuses.
- School tours - meet our students and spend time in our classrooms, participating in music, dance and arts and crafts classes.
- Tours of our sustainable vocational projects including our agriculture & tailoring programs.
- Visit our students' homes in the local village to experience first hand what life is like in rural Uganda.
- Meet and spend time with the local women and girls in our community.
- Assist our teachers in the classroom with our younger students.
- Participate in community activities and immerse yourself in Ugandan culture.
- Enjoy plenty of time getting to know our students and participate in sports and lunch time activities.
- Be part of this incredible milestone for School for Life's first Senior 6 graduation ceremony.

## A ONCE IN A LIFETIME EXPERIENCE TO SHARE TOGETHER

### WELCOME TO UGANDA!

Near the banks of Lake Victoria, Kampala, the capital city of Uganda, is a lively city with a long history. Named the 13th fastest growing city in the world, Kampala is divided into five boroughs with hills covered with red-tile villas and trees surrounding an urban centre of contemporary skyscrapers. Surrounding Kampala is the rapidly growing Mpigi District, where the population more than doubled between 2002 and 2014 and now stands at over 2 million.

Our schools are located approximately an hour drive outside of Kampala. You will find yourself instantly immersed in rural Ugandan life as you exit the bitumen road and make your way through the green and lush landscape along the gravel and rock roads.

The local community makes a living through agriculture and traditional homes are usually made of mud, with either thatched-grass or corrugated iron roofs. Around their houses, Ugandans grow their own food, such as plantains/bananas, as well as keeping some livestock. Many also have small coffee plantations for earning an income.



# TRIP NOTES – ITINERARY

## DAY 1 WELCOME TO UGANDA!

Flying into Entebbe airport, you will get your first glimpse of Uganda's beautiful landscape. You will be transferred to your hotel in Kampala with a free afternoon to adjust and recover from the flight. Tonight, you will get to know your fellow travellers and the School for Life Ugandan team over a welcome dinner and briefing.

**DAY 2** On the way, we will visit a local Government school so you can see what the average school looks like in Uganda and get a better understanding of the current education crisis. We will visit our first school at Katuuso for a tour of our vocational programs and we'll meet the women working in our tailoring school and see first hand our agricultural and farming initiatives. After Katuuso, we will take a short drive to Mbazzi Secondary and Primary Schools, where we will sit down for lunch with the students.

**DAY 3** Today we'll spend the morning at Mbazzi Primary School and sit in on some of our students' classes. We will then have the opportunity to visit some of our students' homes in the local village, allowing you and your child to see first hand what life is like in rural Uganda.

**DAY 4** Immerse yourself into Katuuso community. We will visit the local health care centre, the students homes and the students will teach you the skills they have been learning.

**DAY 5** Today is your final day visiting our schools its GRADUATION DAY. You will see first hand the Ugandan spirit of community! We will hold a ceremony and celebratory lunch with the students whose lives you are helping to change forever. After our goodbyes at the end of the day, we'll make our way back to Entebbe for a dinner with the whole team where we can relive and share our experiences of this life changing few days!

**DAY 6** Today we say goodbye to Uganda and transfer from the hotel to the airport for your flight home. OR choose from one of the optional extensions and make your trip to Uganda even more memorable!







# TRAVEL INCLUSIONS

## WHAT'S INCLUDED:

- Group Airport Transfers
- All transport to and from project sites
- 5 nights twin share accommodation at Best Western, Entebbe
- Two dinners included
- School for Life Tour Manager
- Daily breakfast at your hotel in Kampala and lunch on site at our schools

## WHAT'S NOT INCLUDED

- Single supplement
- International flights
- Visas
- Yellow fever vaccination
- Travel insurance
- Dinners in Entebbe
- Tips and gratuities
- Any personal extra activities not mentioned in itinerary
- Individual Airport Transfers



# WHAT IMPACT WILL THIS TRIP HAVE ON YOU?

- Experience cultural immersion in an environment vastly different to your home country.
- Communicate with people from different cultures and backgrounds in the community, where your compassion and enthusiasm can be a useful and positive force.
- Discover the transformative impact of your support on vulnerable children and their communities.

## DISCOVER

- The value of education and the power it has to change the world.
- How you can make a difference by contributing to your local community
- Be part of a global movement passionate about education for all children.
- How to cultivate positive values, such as compassion, care, and empathy, and develop a commitment to service, both now and in the future.

## EMPOWER YOURSELF

- To understand the role you can play in enacting change.
- To make a positive difference in your community and the world.
- To look for opportunities to be the best version of yourself and achieve your goals.

# TRAVEL4GOOD FAQS

## IS FUNDRAISING COMPULSORY?

Yes, the entire premise behind the Travel4Good program is a chance for you to experience the joys of connecting and giving for good as you work to fundraise for education. You will then experience first hand the positive impact your efforts have on a child's life in Uganda. The positive experiences to be had on this trip cannot be realised without the commitment to fundraising.

## WHAT IF I HAVE NEVER DONE ANY FUNDRAISING BEFORE?

Do not worry! You will work with a School for Life team member who will guide you every step of the way. You will have regular meetings/discussions to ensure you are on track and to provide you with ideas and resources. You will be given access to your own online fundraising page, a myriad of School for Life collateral that you can use during your fundraising, as well as ideas on ways to fundraise, guides on what to do to organise different fundraising activities and templated emails to get you on your way. Our previous teams have not found the target impossible to reach at all. Generally, you will find people willing to donate and even more so because you are putting yourself out there and travelling to Uganda to support the Foundation.

## WHEN DO I NEED TO FUNDRAISE BY?

We suggest you start as soon as you have registered. The earlier you start the easier it is to achieve the target.

You will be required to have fulfilled your fundraising commitment of \$2,500 prior to departing for Uganda. The aim will be to have completed all of your fundraising 4 weeks before departure to give you a month to focus on getting yourselves organised and excited to depart. Remember, we are here to support you and you will have regular checkpoints along the way with a School for Life team member to ensure you are on track.



## WHAT IF I DON'T RAISE THE MONEY?

As part of committing to the Travel4Good program, there is an expectation that you will raise the minimum \$2,500. If you are in a position where this is proving difficult then we are here to support you along the way and assist with planning how that can be achieved. Worst case scenario, we can enter into discussions about continuing to complete the fundraising target within an agreed timeframe after returning from the trip.

## WHERE DOES THE MONEY I RAISE ACTUALLY GO?

Your fundraising will go towards providing children in Uganda everything they need for a full year of study, including all their educational materials and equipment, school uniform, three nutritious meals a day, access to clean water, and healthcare. In Uganda, only 58% of students transition from Primary to Secondary, however School for Life boasts an almost 100% transition from Primary to Secondary! We believe education is for all children and actively work towards increasing education for children in rural Uganda. Giving children to schooling is a central part of eradicating global poverty, as education is a gift that cannot be taken away.





### **CAN I RAISE MONEY TO PAY FOR MY TRIP?**

Yes. Once you have completed fundraising your \$2,500 you are able to fundraise the travel component of your trip (\$1650 per person). If seeking support for your travel expenses, you must ensure that this is separate from your fundraising and donations to School for Life. It is essential that you're transparent with supporters about where their donation is going i.e. supporting getting you to Uganda or directly to School for Life. This part of your fundraising activity is not regarded as tax deductible so you will not be able to issue any tax receipts for this portion of your fundraising.

### **IS IT POSSIBLE TO FUNDRAISE FOR MY TRAVEL COSTS VIA MY ONLINE FUNDRAISING PAGE?**

No. You can only raise the funds that are going to School for Life via your online page. Travel costs must remain separate and be paid directly to HUMA Charity Challenge.

### **HOW WILL I ORGANISE MY TRAVEL ARRANGEMENTS SUCH AS FLIGHTS?**

School for Life have partnered with travel gurus HUMA Charity Challenge - Megan and her team are there to help arrange all your travel plans and if you are interested, they can also help arrange extensions to your trip to experience more of what Uganda has to offer. Contact Megan at HUMA to discuss options on 1300 792 501 or email [megan@humancharitychallenge.com.au](mailto:megan@humancharitychallenge.com.au).

### **DO I NEED TO BE CONCERNED WITH SAFETY IN UGANDA? I HAVE HEARD IT MIGHT BE DANGEROUS.**

When travelling in unfamiliar countries it is always advisable to exercise caution regarding personal safety and Uganda is no different. Having said that, Uganda at present is known as one of the safest, most stable and secure countries in Africa with Kampala being one of the safest capitals. Whilst in Uganda you will be travelling as a group with experienced guides and drivers and a representative from School for Life will be on hand at all times to answer any questions or concerns or to assist you with any of your needs. It is certainly our number one priority that everyone travelling with Travel4Good feels safe and secure at all times. If you have concerns please don't hesitate to contact Amelia Cavanagh on our office number 02 8377 8417 or email [Amelia@schoolforlife.org.au](mailto:Amelia@schoolforlife.org.au) to discuss.

### **DO I HAVE TO HAVE ANY VACCINATIONS TO TRAVEL TO UGANDA?**

Yes. Yellow Fever vaccination is mandatory for everyone travelling into and out of Uganda. There are other vaccinations that are highly recommended. Please speak to your GP or travel doctor about what is appropriate for you and your child. We strongly suggest that you take along a copy of the itinerary to your appointment so the doctor knows exactly where you are going. We recommend that you have this appointment as soon as you book the trip to allow for sufficient time to organise.

### **ARE THERE VISA REQUIREMENTS FOR UGANDA?**

Yes. Currently, all visitors not carrying an African country passport need a visa to enter Uganda. The cost of a standard tourist visa is US\$50pp. Once you are committed to the Travel4Good program, you will be provided with all of the information to obtain this visa and HUMA Charity Challenge and School for Life will be there to guide you if you have any questions or concerns.

### **IS TRAVEL INSURANCE COMPULSORY?**

Yes, travel insurance is compulsory for Travel4Good. Our travel partner, HUMA Charity Challenge, recommend a travel-insurance policy that covers theft, loss, accidents and medical issues, including ambulance or medical evacuation if needed. If you would like assistance in obtaining a quote, please speak to the HUMA Charity Challenge travel team.



## IF I AM A CHILD SPONSOR OR WANT TO BECOME A CHILD SPONSOR, WILL WE GET TO MEET OUR SPONSOR CHILD IN UGANDA?

We will try our best to ensure you can meet and spend time with your sponsor child. This is another way to enrich your experience on the Travel4Good program. We try our very best to ensure you can meet your child as we believe it helps to build a lifelong connection to what you are contributing to, through supporting School for Life and the work we are doing to build an education and break the cycle of poverty in Uganda.

## HOW DO I BECOME A CHILD SPONSOR AND HOW MUCH DOES IT COST TO SUPPORT A CHILD?

To become a Child Sponsor with School for Life, all you need to do is visit our website at <https://www.schoolforlife.org.au/sponsor/>, select the level of sponsorship you would like to commit to monthly, fill in your payment and contact details and submit the form. Once your Child Sponsorship form has been processed in our system, we will send out a Welcome Pack with the details and photo of your sponsor child.

It costs \$52 per month to provide a Primary School child with access to education, clean water, three meals a day and healthcare and \$104 per month to provide a Secondary School child with access to education, clean water, three meals a day and healthcare.

## WHAT DOES IT COST TO SIGN UP FOR TRAVEL4GOOD?

\$1650

\*Subject to change. Refer to HUMA Charity Challenge [terms and conditions](#).

## IS THE TRAVEL COST GUARANTEED?

HUMA Charity Challenge will try to keep the travel costs as quoted. However, factors out of their control such as group size, fluctuating exchange rates and increases in airfares, as well as airline and airport taxes can affect the travel costs. The travel cost will be confirmed again at the time of invoicing.

## HOW DO I BOOK THIS TOUR?

You can register over the phone by calling HUMA Charity Challenge on 1300 792 501 or [book online](#).

## HAVE ANY MORE QUESTIONS?

Please contact Amelia on 02 8377 8417 or email at [Amelia@schoolforlife.org.au](mailto:Amelia@schoolforlife.org.au)





**PLEASE CONTACT**

Please contact our Donor Care  
Coordinator Amelia Cavanagh  
[Amelia@schoolforlife.org.au](mailto:Amelia@schoolforlife.org.au)  
02 8377 8417  
to discuss this life-changing trip

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